

Personal Development

Curriculum Implementation

All students will cover current events and fundamental life skills as part of the curriculum such as road safety and world news. The students will study 5 themes within their Personal Development Lessons. These themes meet the statutory guidance set out in the Keep Children Safe in Education and help work towards achieving the Gatsby benchmarks (more information on this can be found in the “Careers and post-guidance” section of the website):

Theme A	How can I engage with my community?
Theme B	What are my rights and freedoms?
Theme C	Where can this take me in the future?
Theme D	How can I work online safely, and effectively?
Theme E	How can I maintain a healthy body and mind?

Below is a more detailed version of what you can find on the main Personal Development webpage. It breaks down the key lesson content delivered at each stage of the curriculum.

Year 7 curriculum implementation:

Autumn	Spring	Summer
Transitioning to secondary school Healthy relationships and consent Social media Mental health	Communication Online gaming/ gambling Navigating Social Media Staying safe online	Current events First aid introduction Practical first aid session
Unifrog Future Skills Questionnaire Skills and Careers Preparing for the future	Safe/ Stable home Bullying/ Cyber Bullying Dangers of knives Community and equality Cults and gangs	Lifestyle and Exercise Diet/ Caffeine Underage Drinking Peer Pressure/ Coercion Puberty Body image

Year 8 curriculum implementation

Autumn	Spring	Summer
Identity Belonging Current events First aid Responsibilities Practical first aid session	Stress/ Anxiety Smoking/ vaping Self esteem Puberty Respectful relationships	Staying Safe from online predators Extremism Sharing nude pictures
Rights/ freedoms Government Rule of law Current events	Leadership/ Online Skills What is fake news? Opportunities online Online working	What careers are out there? Vision board dream job Superhero CV Career Fairs

Year 9 curriculum implementation

Autumn	Spring	Summer
Rights and Responsibilities Valuing diversity LGBTQAI+ Religion and Prejudice Right to education	Specialism information Networking Meet the professionals Skills analysis	Current events Navigating social media The virtual and real world
Unifrog/ Future skills Questionnaire Understanding experience of a workplace Reflecting on Career Journey	The laws on Consent/ Intimacy Menstruation Pornography Marriage/ legal status Pregnancy, Miscarriage and Abortion	Navigating conflict Global conflict First aid Responsibilities and recap Practical First aid session Staying safe at parties and events Transition from KS3-KS4

Year 10 curriculum implementation

Autumn	Spring	Summer
Communication Fraud and online scams Staying safe online Extremism Leadership/ Online Skills	Safe Sex Sexual Harassment FGM Dangers of Addictive Substances Child Sexual Exploitation County Lines	Identity Sexuality and Gender Challenging prejudice and discrimination Peer Pressure/ Gangs
Belonging to Alderman White First aid responsibilities and recap Practical first aid session Climate Change Sustainability	Employability skills Employment law CV/ Cover Letter How to interview Preparing for careers day	Government and devolved powers How are laws made? How do I vote? Laws on domestic abuse Avoiding radicalisation Grooming/ Online Predators

Year 11 curriculum implementation

Autumn	Spring	Summer
Unifrog/ Future Skills Questionnaire What are my options? Labour Markets How to apply to college How to engage in an open evening	Digital footprint Ways to stay safe online Sexting and image sharing Online revision tools	Y11 Exams and Revision.
Lifestyle/ mental health Sexual health- Hygiene Future worries Money Management Budgeting Gambling	Choosing your pathway Apprenticeships/ A levels/ T levels? Revision Skills	Y11 Exams and Revision.

Should you require any further clarification about the topics covered feel free to contact the Head of Personal Development with Careers: Elliott Moore Elliott.Moore@whptrust.org.